

Mass Conversion - Pounds to Kilograms

LBS	0	1	2	3	4	5	6	7	8	9
	Kilograms									
0	0,00	0,45	0,91	1,36	1,81	2,27	2,72	3,18	3,63	4,08
10	4,54	4,99	5,44	5,90	6,35	6,80	7,26	7,71	8,16	8,62
20	9,07	9,53	9,98	10,43	10,89	11,34*	11,79	12,25	12,70	13,15
30	13,61	14,06	14,52	14,97	15,42	15,88	16,33	16,78	17,24	17,69
40	18,14	18,60	19,05	19,50	19,96	20,41	20,87	21,32	21,77	22,23
50	22,68	23,13	23,59	24,04	24,49	24,95	25,40	25,86	26,31	26,76
60	27,22	27,67	28,12	28,58	29,03	29,48	29,94	30,39	30,84	31,30
70	31,75	32,21	32,66	33,11	33,57	34,02	34,47	34,93	35,38	35,83
80	36,29	36,74	37,20	37,65	38,10	38,56	39,01	39,46	39,92	40,37
90	40,82	41,28	41,73	42,18	42,64	43,09	43,55	44,00	44,45	44,91
1 pound = 0,4536 kilograms										

***NOTE:** To use this table, see the shaded example.

25 pounds (20 from the left column plus five from the top row) = 11,34 kilograms